

Black Maternal Mental Health Week

26th September – 2nd October



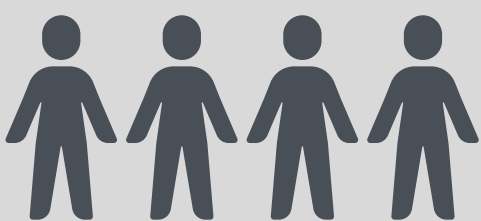
Equity in Black Women’s Maternal Mental Health Journey



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The 2021 MBRRACE-UK report showed a continued inequality in the mortality rates for women of different ethnic backgrounds, ages, and socio-economic circumstances

Women from Black ethnic groups are



four times more likely to die in pregnancy than women from White groups

Postnatal depression and anxiety in mothers from racialised communities is

13%

higher than in white mothers

What are Black Women telling us they need to support their maternity journey?

